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Psychiatry and Mental Health: Dilemmas and Perspectives



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He is a Consultant Psychiatrist at Coventry and Warwickshire NHS Trust at Nuneaton and Honorary Clinical Associate Teacher at Warwick Medical School, University of Warwick, United Kingdom. He also holds the position of Chairman

Pakistan Psychiatric Research Centre, Fountain House, Lahore (Pakistan). He graduated from King Edward Medical College Lahore (Pakistan) and received higher specialised training in Psychiatry from Pakistan and United Kingdom (Royal Edinburgh Hospital, University of Edinburgh, Institute of Psychiatry London and Maudsley Hospital London).

He has served the Royal College of Psychiatrists as: Deputy/Associate Registrar, Board Member of International Affairs of the College, Chairman of West Midlands Division, and one of the lead College office bearers for SAS Doctors and Patients and Carers Groups. He was also elected as Executive Committee Member of the College Faculty of Rehabilitation and Social Psychiatry and represents the College Faculty at Education and Training Committee.

His role in international psychiatry is highlighted by his involvement with a number of professional organisations. He is currently working as Secretary for Sections World Psychiatric Association (WPA), President Asian Federation of Psychiatric Associations (AFPA), Immediate Past President World Association for Psychosocial Rehabilitation (WAPR), Advisor and Founder Secretary General of South Asian Forum on Mental Health & Psychiatry (SAF), Advisor SAARC Psychiatric Federation (SPF), Founding Secretary General Asian Federation of Psychiatric Associations (AFPA), Immediate Past Co-Chairman/Founder Office Bearers WPA Section on Psychiatry in Developing Countries and Chairman Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan

His areas of special interest are Psychosocial Rehabilitation, Social and Transcultural Psychiatry and Psychiatric Research. His academic skills have been invaluable when publishing more than 110 scientific papers and being author of six books/monographs on different topics of Psychiatry. He is currently involved in a number of projects on schizophrenia and is completing audits in different clinical aspects of long term management of chronic mentally ill in the community.